



Calgary Aikikai Promotional Exam Requirements - Yudansha 2024-3

Notes: Required classes are counted from date of previous test. All tests may include content from previous tests.

初段 1 Shodan 200 Classes Attend one seminar per year	Ken	Kumi Tachi 1 - 5		
	Jo	36 No Jo Awase	Jo vs. Jo	
	Henka Oyo	Henka Renzoku Waza from Shomen-uchi, Katate Ryotedori Kokyuho (3 kinds)		
	Tachiwaza	Ryokatadori	Ikkyo, Nikyo, Kokyu-ho	
		Katadori Men-uchi	Sankyo, Yonkyo, Koshi-nage	
		Yokomen-uchi	Irimi-nage, Kote-gaeshi (3 kinds each)	
		Ushiro Ryotedori	Kokyu-ho, Aiki Otoshi	
	Hanmi-handachi	Katatedori	Ikkyo, Nikyo, Sankyo, Yonkyo, Kote-gaeshi (2 kinds), Kaiten-osae (soto and uchi)	
	Zagi	Tsuki	Ikkyo, Nikyo, Sankyo, Yonkyo, Kote-gaeshi, Irimi-nage	
		Shomen-uchi	Ikkyo, Nikyo, Sankyo, Yonkyo	
Jiyuwaza	90 seconds	Katatedori		
		Morotedori (Katate Ryotedori)		
		Shomen-uchi		
		Yokomen-uchi		
		Ushiwaza		
Essay	What do you need to understand as a Yudansha?			
貳段 2 Ni Dan 300 Classes Minimum 2 years since receiving Shodan Attend two seminars per year	Ken	Kumi Tachi Henka	Ken No Ri	
		19 No Jo Awase	Jo vs. Ken	
	Jo	Kumi Jo 1 - 7		
	Tantodori	Shomen-uchi, Yokomen-uchi, Tsuki (2 kinds each), Katadori Tsuki, Ushiro Katadori Tsuki (1 kind each)		
	Kaeshiwaza	Ikkyo, Nikyo-Ura, Kote-gaeshi (3 kinds each)		
	Henka Oyo	Kaeshiwaza Renzoku Tairen (1 minute)		
	Tachiwaza	Katadori Men-uchi	Ikkyo, Nikyo, Sankyo, Yonkyo, Kote-gaeshi, Shiho-nage, Kaiten-nage, Koshi-nage	
		Ryokatadori	Jiyuwaza	
		Ushiro Katatedori Kubishime	Ikkyo, Nikyo, Sankyo, Yonkyo, Irimi-nage, Koshi-nage	
	Hanmi-handachi	Yokomen-uchi	Ikkyo, Nikyo, Sankyo, Yonkyo, Kote-gaeshi, Kaiten-nage	
	Zagi	Morotedori	Ikkyo, Nikyo, Sankyo, Yonkyo, Kote-gaeshi, Irimi-nage	
	Jiyuwaza	60 seconds each	Zagi	
			Hanmi-handachi	
Tachiwaza				
Futaridori	Kokyu-nage, Nikyo (2 kinds each), Shiho-nage			
Niningake (Randori 2 ppl.)	Jiyu			
Essay	What have you gained from your Aikido practice?			

参段 3 San Dan 400 Classes Minimum 3 years since receiving Ni Dan Attend two seminars per year	Ken	Kumi Tachi Henka	Tai No Ri
		Tachi-dori	Shomen-uchi (3 kinds), Yokomen-uchi (2 kinds), Tsuki (1 kind)
	Jo	36 No Jo Awase	Jo vs. Ken
		Jo-dori	5 kinds
		Jo Waza	5 kinds
	Tantodori	Same as Ni Dan, plus one more for each attack	
	Kaeshiwaza	Same as Ni Dan, plus: Irimi-nage, Shiho-nage, Sankyo, Kaiten-nage (3 kinds each)	
	Henka Oyo	Kaeshiwaza Renzoku Tairen	90 seconds
		Henka Renzokuwaza	Starting with Ikkyo-Omote, Nikyo-Ura, Sankyo
	Tachiwaza	Shomen-uchi	Jiyu
		Katadori Men-uchi	Jiyu
		Ushiro Ryotedori	Jiyu
		Shomen-uchi	Ikkyo, Nikyo, Sankyo, Yonkyo
	Hanmi-handachi	Ryotedori	Jiyu
		Shomen-uchi	Jiyu
		Ushiro Ryokatadori	Jiyu
	Zagi	Katadori	Ikkyo, Nikyo, Sankyo, Yonkyo
Yokomen-uchi		Jiyu	
Jiyuwaza	90 seconds each	Zagi	
		Hanmi-handachi	
		Tachiwaza	
Futaridori	Kokyu-nage, Ikkyo, Nikyo, Sankyo, Yonkyo, Iriminage		
Taninzugake (Randori 3 ppl.)	Jiyu		
Essay	What do you need to understand as an instructor?		
四段 4 Yon Dan 500 Classes Minimum 4 years since receiving San Dan Attend two seminars per year	All previous requirements, from Rokkyu to San Dan		
	Essay	What is the Gokui (Essence) of Aikido?	

See next page for additional requirements relevant to all Yudansha promotions

Additional Information for Yudansha Promotions

The contents of the examinations are determined by Igarashi Dojo, whereas the classes needed are specific to Calgary Aikikai. Attendance requirements are seen as minimum amounts; more may be suitable. One class is equivalent to one day's practice of any length, one hour attended at a seminar, or attendance at a dojo banquet.

An eligible candidate for any Yudansha test:

- has submitted a Calgary Aikikai test application three months prior to the test if being tested by Calgary Aikikai
- is over 16 years of age
- is up-to-date on mat and membership fees
- has been training regularly at Calgary Aikikai or affiliated dojo for at least one year at the time of application (three months prior to test)
- has practiced the required number of classes since their previous test
- has been training for the required number of years since their previous test
- has attended the required seminars per year since their previous test (Present Yudansha card to the Calgary Aikikai Technical Committee)
- has had a pre-test conducted by the Calgary Aikikai Technical Committee two months prior to the test (with their own sensei present, if applicable) and received approval to proceed with the test
- has submitted a Hombu Dojo test application to the Calgary Aikikai Technical Committee two days prior to test
- has paid the test fee to the Calgary Aikikai Technical Committee two days prior to test (see below)
- has submitted the required essay to the Calgary Aikikai Technical Committee two days prior to test

Fees (for a test conducted by Igarashi Sensei):

Shodan:	¥22 000 (¥2 000 test + ¥12 000 certificate + ¥8 000 yudansha book)
Nidan:	¥22 000 (¥2 000 test + ¥20 000 certificate)
Sandan:	¥32 000 (¥2 000 test + ¥30 000 certificate)
Yondan:	¥53 800 (¥2 000 test + ¥51 800 certificate)

(Note: ¥2 000 test fee is due two days before the test along with Hombu test application. The remainder is due after the candidate has passed. Fees are cash only, in Japanese yen. These fees are subject to change. (\$1 CAD = ~¥110 JPY at time of writing) Tests conducted by Calgary Aikikai test committee omit the ¥2 000 test fee, but add the usual \$35 test fee, payable via the website.

For Shodan recipients, the hakama is for them to purchase, and the black belt is a gift from Calgary Aikikai.

Support Payments

Yudansha grade recipients will be automatically billed an additional support payment from Hombu, equivalent to ¥1 000 for each level of rank (e.g. Sandan candidate will be charged ¥3 000). If the student has already made approximately one support payment per year, then these will be subtracted from the support payments billed at the time of the promotion. Additional support payments can be added and are encouraged.