RELEASE, WAIVER AND ASSUMPTION OF RISK

I hereby acknowledge and agree that I may be permitted to participate in this Seminar at Calgary Aikikai, organized, operated and sanctioned by Calgary Aikikai.

I.) I DO HEREBY RELEASE, Calgary Aikikai, its instructors, members,

officers, directors, employees, independent contractors and agents, guest instructors, participants and all individuals associated with Calgary Aikikai, including its officers,

directors, employees and agents from any and all liability, claims, causes of action of any kind whatsoever, in respect of all personal injuries, or property losses which I may suffer arising out of, or connected with, my preparation for, or participation in, the aforesaid Calgary Aikikai Summer Seminar while at Calgary Aikikai.

2.) AND, I DO HEREBY ACKNOWLEDGE AND AGREE:

- a) that Aikido, a martial art involving strenuous exercise and bodily contact, can be dangerous, exposing participants to many risks and hazards, some of which are inherent in the nature of the activity itself, others which result from human error and negligence on the part of persons involved in the preparation, organization and staging of any Calgary Aikikai programs, classes and other activities (Seminars).
- b) THAT AS A RESULT OF THE AFORESAID RISKS AND HAZARDS, I AS A PARTICIPANT MAY SUFFER SERIOUS PERSONAL INJURY, BRAIN DAMAGE, PARALYSIS AND EVEN DEATH, AS WELL AS PROPERTY LOSS.
- c) that some of the aforesaid risks and hazards are foreseeable, but others are not:
- d) to nevertheless, I freely and voluntarily assume all the aforesaid risks and hazards, and that, accordingly, my preparation for, and my participation in the aforesaid Calgary Aikikai programs, classes, and other activities (Seminars) shall be entirely at my own risk;
- e) that I understand that neither Calgary Aikikai, nor any of its instructors, members,
- officers, directors, employees, independent contractors or agents assume any responsibility whatsoever for my safety during the course of my preparation for, or participation in, the aforesaid Calgary Aikikai programs, classes and other activities (Seminars).
- f) that I have carefully read the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement, that I fully understand same, and that I am freely and voluntarily executing same;
- g) that I understand clearly that by signing this Release, I will be forever prevented from suing or otherwise claiming against Calgary Aikikai, its instructors, members, officers, directors, employees,
- independent contractors and agents for any loss or damage connected with any property loss or personal injury that I may sustain while participating in, or preparing for, the above mentioned activities of Calgary Aikikai whether or not such loss or injury is caused solely or partly by the negligence of Calgary Aikikai, or
- any of its instructors, members, officers, directors, employees, independent contractors and agents;
- h) that I understand clearly that Calgary Aikikai would not permit me to participate in any of its activities unless I signed this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement, that this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement applies to all the aforesaid Calgary Aikikai program, classes, and other activities (Seminars), and that the terms of this agreement need not be brought to my attention each time I participate in the activities of Calgary Aikikai in order to be effective;
- i) that each time the term Calgary Aikikai is used the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement includes, without limiting the generality of that term, activities as well as all other events that are in any way authorized, sanctioned, organized or operated by Calgary Aikikai;
- j) that this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is BINDING ON MYSELF, MY HEIRS, MY EXECUTORS, ADMINISTRATORS, PERSONAL REPRESENTATIVES AND ASSIGNS; and
- k) that I understand clearly that Calgary Aikikai shall be deemed to be acting for itself and as agent on behalf of the benefit of the instructors, members, officers, directors, employees, independent contractors, and agents of Calgary Aikikai for the purposes set out in the above-stated clauses of this agreement.

Date	
Signature	Witness